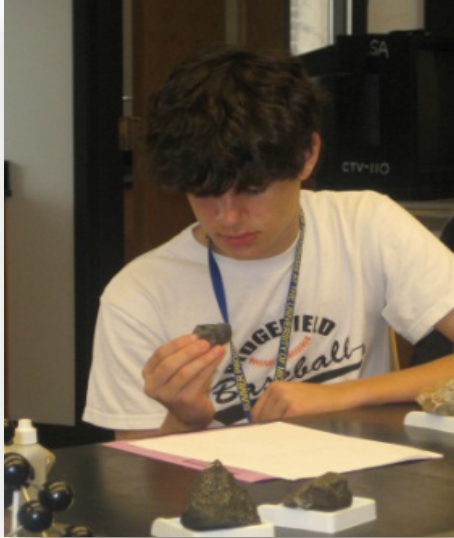




Brain Relief LLC



If a man does not keep pace with his companions, perhaps it is because he hears a different drummer. Let him step to the music which he hears, however measured or far away.

Henry David Thoreau

Underachieving Gifted Teens

Underachieving gifted teens often march to that “different drummer.” They might be so creative, original and inventive that their non-traditional ideas sound “wrong” to the traditional-minded, but their unique ideas and imaginations are wondrous. Think of **Madame Curie, Einstein, Edison, Leonardo di Vinci, Steve Jobs, and Lady Gaga.**

These students are funny and sensitive and have remarkable potential, but they might have had problems transitioning from elementary to middle school or from middle to high school. They might procrastinate, have low self-esteem, low motivation, or forget to hand in homework. Their grades might have started a downward slide. Many are extremely frustrated.

Executive functions are hard for them. Perhaps teachers imply that they are lazy, uncooperative, or even “not the brightest bulb on the marquee.” They might have let their own perfectionism keep them from submitting work that “isn’t good enough.” They might seem to listen to adults, but then forget the things they agreed to do; some might even hate to read or write unless they’re fascinated with the subject, and they have trouble focusing their minds.

What can help these students increase their power to focus, organize, plan ahead, and understand how quickly time can go by?

Improve the lives of underachieving gifted teens with coaching from *Brain Relief*, offering individualized sessions for each student’s individuality.